

September 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
Protein					
Grain/Bread					
Veg/Fruit					
Veg/Fruit					
Milk	White/Chocolate Milk 8oz	White/Chocolate Milk 8oz	White/Chocolate Milk 8oz	White/Chocolate Milk 8oz	White/Chocolate Milk 8oz
Condiment					
	10	11	12	13	14
Protein					
Grain/Bread					
Veg/Fruit					
Veg/Fruit					
Milk	White/Chocolate Milk 8oz	White/Chocolate Milk 8oz	White/Chocolate Milk 8oz	White/Chocolate Milk 8oz	White/Chocolate Milk 8oz
Condiment					
	17	18	19	20	21
Protein	Chicken Tenders 3ea	Hamburger Steak w/ Gravy 1ea	Chicken Wing Dings 4ea	Cheesy Beefy Mac 6oz	Turkey Ham & Cheese Sandwic 2sl
Grain/Bread	Roll 1ea	Roll 1ea	Roll 1ea	Pasta 1ea	Sliced Bread 2sl
Veg/Fruit	Veggie Dippers 1ea	Country Style Potato Salad 4oz	Toss Salad 4oz	Veggie Dippers 4oz	Cheesy Veggie Casserole 4oz
Veg/Fruit	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea
Milk	White/Chocolate Milk 8oz	White/Chocolate Milk 8oz	White/Chocolate Milk 8oz	White/Chocolate Milk 8oz	White/Chocolate Milk 8oz
Condiment	Ketchup/Ranch Dressing 1ea			Ranch Dressing 1ea	Mayo 1ea
	24	25	26	27	28
Protein	Cheese Burgers 1ea	Herbed Baked Chicken 1ea	Baked Turkey Spaghetti 6oz	Beef Hotdog 1ea	Chicken Salad 4oz
Grain/Bread	Bun 1ea	Roll 1ea	Pasta 1ea	Bun 1ea	Roll 1ea
Veg/Fruit	Veggie Dippers 4oz	Garden Salad 4oz	Veggie Dippers 4oz	Bacon Potato Salad* 4oz	Seasonal Mixed Veggies 4oz
Veg/Fruit	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea
Milk	White/Chocolate Milk 8oz	White/Chocolate Milk 8oz	White/Chocolate Milk 8oz	White/Chocolate Milk 8oz	White/Chocolate Milk 8oz
Condiment	Ranch Dressing/Ketchup 1ea	Ranch Dressing 1ea	Ranch Dressing 1ea	Ketchup 1ea	

Whole milk – 12-24 months; White 1% milk - 2 thru 5 years; White 1% milk or Fat-Free Chocolate milk – 6 thru 18 years

* Contains Pork

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