

## November 2018

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>
	<b>1687</b>	<b>1735</b>	<b>1623</b>	<b>1625</b>	<b>1253</b>
Protein	Cajun Turkey Salad 4oz	Smothered Chicken 1ea	BBQ Ribs* 1ea	Turkey Ham & Cheese Sandwi 2sl	Cheese Burger 1ea
Grain/Bread	Roll 1ea	Roll 1ea	Roll 1ea	Sliced Bread 2sl	Bun 1ea
Veg/Fruit	Veggie Dippers 4oz	Garden Salad 4oz	Potato Salad 4oz	Sweet Potato Mash 4oz	Veggie Dipper 4oz
Veg/Fruit	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea
Milk	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz
Condiment	Ranch Dressing 1ea	Ranch Dressing 1ea		Mayo 1ea	Ketchup/Mayo 1ea
	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
	<b>1155</b>	<b>426</b>	<b>1375</b>	<b>1344</b>	<b>1094</b>
Protein	Herbed Baked Chicken 1ea	Smoked House Spaghetti 6oz	Ham & Cheese Sandwich* 2sl	Turkey Cheddar Mac 6oz	Sliced Prime Rib w/ Gravy 4oz
Grain/Bread	Roll 1ea	Pasta 1ea	Sliced Bread 2sl	Pasta 1ea	Roll 1ea
Veg/Fruit	Country Style Potato Salad 4oz	Veggie Dipper 4oz	Candied Butternut Squash 4oz	Veggie Dippers 4oz	Toss Salad 4oz
Veg/Fruit	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea
Milk	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz
Condiment		Ranch Dressing 1ea	Mayo 1ea	Ranch Dressing 1ea	Ranch Dressing 1ea
	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
	<b>1534</b>	<b>1708</b>	<b>1592</b>	<b>1539</b>	<b>1178</b>
Protein	Smothered Baked Chicken 1ea	Taco 4oz	Turkey & Bacon Bake* 6oz	Chicken Salad 1ea	Cheese Burger 1ea
Grain/Bread	Roll 1ea	Tortilla 1ea	Pasta 1ea	Wheat Thins 10ea	Bun 1ea
Veg/Fruit	Potato Salad 4oz	Garden Salad 4oz	Veggie Dippers 4oz	Scalloped Sweet Potatoes 4oz	Veggie Dippers 4oz
Veg/Fruit	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea
Milk	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz
Condiment		Ranch Dressing 1ea	Ranch Dressing 1ea		Ketchup/Ranch Dressing
	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
Protein	Tuna Salad 4oz	Roasted Turkey w/ Gravy 3oz			
Grain/Bread	Cracker 10ea	Roll 1ea	CLOSED	CLOSED	CLOSED
Veg/Fruit	Veggie Dippers 4oz	Country Style Potato Salad			
Veg/Fruit	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit 1ea	Fresh Fruit
Milk	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz
Condiment	Ranch Dressing 1ea				
	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
Protein					
Grain/Bread					
Veg/Fruit					
Veg/Fruit					
Milk	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz
Condiment					

Whole milk – 12-24 months; White 1% milk - 2 thru 5 years; White 1% milk or Fat-Free Chocolate milk – 6 thru 18 years

\* Contains Pork

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