

September 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
Protein					
Grain/Bread					
Veg/Fruit					
Veg/Fruit					
Milk	White/Chocolate Milk* 8oz	White/Chocolate Milk* 8oz	White/Chocolate Milk* 8oz	White/Chocolate Milk* 8oz	White/Chocolate Milk* 8oz
Condiment					
	10	11	12	13	14
Protein					
Grain/Bread					
Veg/Fruit					
Veg/Fruit					
Milk	White/Chocolate Milk* 8oz	White/Chocolate Milk* 8oz	White/Chocolate Milk* 8oz	White/Chocolate Milk* 8oz	White/Chocolate Milk* 8oz
Condiment					
	17	18	19	20	21
Protein	Beef Short Rib 1ea	Cheese Burger 1ea	Chicken Salad 4oz	Beef Hot Dogs 1ea	Chicken Tenders 3ea
Grain/Bread	Roll 1ea	Bun 1ea	Roll 1ea	Bun 1ea	Roll 1ea
Veg/Fruit	Veggie Dippers 4oz	Potato Salad 1ea	Veggie Dippers 4oz	Toss Salad 4oz	Veggie Dippers 4oz
Veg/Fruit	Apple or Orange 1ea	Pear or Plum 1ea	Apple or Orange 1ea	Pear or Plum 1ea	Apple or Orange 1ea
Milk	White/Chocolate Milk* 8oz	White/Chocolate Milk* 8oz	White/Chocolate Milk* 8oz	White/Chocolate Milk* 8oz	White/Chocolate Milk* 8oz
Condiment	Ranch Dressing 1ea	Ketchup 1ea	Ranch Dressing 1ea	Ketchup/Ranch Dressing 1ea	Ketchup/Ranch Dressing 1ea
	24	25	26	27	28
Protein					
Grain/Bread					
Veg/Fruit					
Veg/Fruit					
Milk	White/Chocolate Milk* 8oz	White/Chocolate Milk* 8oz	White/Chocolate Milk* 8oz	White/Chocolate Milk* 8oz	White/Chocolate Milk* 8oz
Condiment					

Whole milk – 12-24 months; White 1% milk - 2 thru 5 years; White 1% milk or Fat-Free Chocolate milk – 6 thru 18 years

* Contains Pork

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