

## October 2018

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Protein	BBQ Chicken	Bacon Cheese Burger Mac	Turkey Salad	Beef Hot Dogs	Turkey Ham & Cheese
Grain/Bread	Roll	Pasta	Roll	Bun	Sliced Bread
Veg/Fruit	Veggie Dippers	Garden Salad	Veggie Dippers	Country Style Potato Salad	Sweet Potato Hash
Veg/Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk	White/Chocolate Milk	White/Chocolate Milk	White/Chocolate Milk	White/Chocolate Milk	White/Chocolate Milk
Condiment	Ranch Dressing	Ranch Dressing	Ranch Dressing	Ketchup	Mayo
	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Protein	Pot Roast w/ Gravy	Chicken & Bacon Spaghetti*	Beefy Taco	CLOSED	CLOSED
Grain/Bread	Roll	Pasta	Tortilla	Roll	Roll
Veg/Fruit	Veggie Dippers	Toss Salad	Veggie Dippers	Creamy Potato Salad	Veggie Dippers
Veg/Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh fruit
Milk	White/Chocolate Milk	White/Chocolate Milk	White/Chocolate Milk	White/Chocolate Milk	White/Chocolate Milk
Condiment	Ranch Dressing	Ranch Dressing	Ranch Dressing	Ketchup	Ranch Dressing
	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Protein	Turkey Salad	Herbed Baked Chicken	Cheese Burger	Chicken Salad	Turkey & Cheese Sandwich
Grain/Bread	Roll	Roll	Bun	Roll	Sliced Bread
Veg/Fruit	Creamy Potato Salad	Veggie Dippers	Garden Salad	Glazed Carrots	Veggie Dipper
Veg/Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk	White/Chocolate Milk	White/Chocolate Milk	White/Chocolate Milk	White/Chocolate Milk	White/Chocolate Milk
Condiment		Ranch Dressing	Ketchup/Ranch Dressing		Ranch Dressing/Mayo
	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Protein	Smoke House Beanie Weenies	Baked Turkey Spaghetti	Pork BBQ	Turkey Ham & Cheese Sandwi	Pineapple Glazed Chicken
Grain/Bread	Roll	Pasta	Roll	Sliced Bread	Roll
Veg/Fruit	Veggie Dippers	Toss Salad	Veggie Dippers	Corn on the Cobb	Potato Salad
Veg/Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk	White/Chocolate Milk	White/Chocolate Milk	White/Chocolate Milk	White/Chocolate Milk	White/Chocolate Milk
Condiment	Ranch Dressing	Ranch Dressing	Ranch Dressing	Mayo/Butter	
	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>
Protein					
Grain/Bread					
Veg/Fruit					
Veg/Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk	Milk	Milk	Milk	Milk	Milk
Condiment					

Whole milk – 12-24 months; White 1% milk - 2 thru 5 years; White 1% milk or Fat-Free Chocolate milk – 6 thru 18 years

\* Contains Pork

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