

January 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Protein		Turkey Mac	Hamburger		
Grain/Bread		Pasta	Bun		
Veg/Fruit	CLOSED CLOSED CLOSED	Veggie Dipper	Ranch Veggie Salad	CLOSED CLOSED CLOSED	CLOSED CLOSED CLOSED
Veg/Fruit		Apple or Orange	Apple or Orange		
Milk	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz
Condiment		Dressing 1ea	Ketchup 1ea		
	8	9	10	11	12
Protein	1ea	1ea	Baked Turkey Spaghetti 6oz	BBQ Pulled Chicken 4oz	Turkey Ham & Cheese 2/1oz
Grain/Bread	1ea	1ea	Pasta	Bun or Roll 1ea	Bread 2sl
Veg/Fruit	CLOSED CLOSED CLOSED 4oz	CLOSED CLOSED 4oz	Toss Salad 8oz	Veggie Dippers 4oz	Sweet Potato Mash 4oz
Veg/Fruit	1ea	Apple or Orange 1ea	Apple or Orange 1ea	Apple or Orange 1ea	Apple or Orange 1ea
Milk	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz
Condiment	1ea	1ea	Ranch Dressing 1ea	Ranch Dressing 1ea	Mayo 1ea
	15	16	17	18	19
Protein		Ham Mac & Cheese* 6oz	1ea	1ea	Lemon Pepper Chicken 1ea
Grain/Bread	CLOSED CLOSED	Pasta 1ea	CLOSED 1ea	CLOSED 1ea	Croissant 1ea
Veg/Fruit		Veggie Dippers 4oz	CLOSED 4oz	CLOSED 4oz	Southwest salad 4oz
Veg/Fruit		Apple or Orange 1ea	1ea	1ea	Apple or Orange 1ea
Milk	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz
Condiment					
	22	23	24	25	26
Protein	Baked Spaghetti 6oz	Hamburger Steak w/ Gravy 1ea	Pork Hot Dog* 1ea	Turkey & Cheese Sanwich 3oz	Herbed Baked Chicken 1ea
Grain/Bread	Pasta 1ea	Roll 1ea	Bun 1ea	Sliced Wheat Bread 1ea	Roll 1ea
Veg/Fruit	Veggie Dippers 4oz	Garden Salad 4oz	Veggie Dippers 4oz	Glazed Carrots 4oz	Veggie Dippers 4oz
Veg/Fruit	Apple or Orange 1ea	Pear or Plum 1ea	Apple or Orange 1ea	Pear or Plum 1ea	Apple or Orange 1ea
Milk	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz
Condiment	Ranch Dressing 1ea	Ranch Dressing 1ea	Ketchup/Ranch Dressing 1ea	Mayo	Ranch Dressing 1ea
	29	30	31	1	2
Protein					
Grain/Bread					
Veg/Fruit					
Veg/Fruit					
Milk	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz	Milk 8oz
Condiment					

Whole milk – 12-24 months; White 1% milk - 2 thru 5 years; White 1% milk or Fat-Free Chocolate milk – 6 thru 18 years

* Contains Pork

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