

August 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
Protein	Baked Spaghetti w/ Beef	Roasted Beef Frank	Beef Taco	Honey Baked Chicken	Turkey & Cheese Sandwich
Grain/Bread	(Pasta)	Hotdog Roll	Tortilla Shell or Chips	Whole Wheat Roll	Bun or Sliced Bread
Veg/Fruit	Seasoned Greens	Baked Beans	Seasoned Corn	Mashed Potatoes	Cucumber Slices
Veg/Fruit	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk
Condiment		Ketchup			Mayo & Ranch
	10	11	12	13	14
Protein	Beef Taco	Chees Burger	Roast Turkey w/ Gravy	Creamy Chicken Salad	Baked Ziti w/ Turkey
Grain/Bread	Tortilla Shell or Chips	Hamburger Roll	Whole Wheat Roll	Whole Wheat Roll	(Pasta)
Veg/Fruit	Seasoned Corn	Mixed Vegetables	Mashed Potatoes	Carrot Dippers	Seasoned Greens
Veg/Fruit	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk
Condiment		Ketchup			
	17	18	19	20	21
Protein	Baked Spaghetti w/ Beef	Honey Glazed Chicken	Roasted Beef Frank	Corndog Nuggets	Beef Taco
Grain/Bread	(Pasta)	Whole Wheat Roll	Hotdog Roll	(Pizza Crust)	Tortilla Shell or Chips
Veg/Fruit	Seasoned Green Beans	Seasoned Corn	Roasted Potatoes	Italian Mixed Vegetables	Steamed Broccoli
Veg/Fruit	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk
Condiment			2 Packets of Ketchup		
	24	25	26	27	28
Protein	Roast Turkey w/ Gravy	Chicken Strips	Cheeseburger	Mac & Cheese	Turkey & Cheese Sandwich
Grain/Bread	Whole Wheat Roll	Whole Wheat Roll	Hamburger Roll	(Elbow Pasta)	Bun or Sliced Bread
Veg/Fruit	Glazed Carrots	Seasoned Corn	Baked Beans	Seasoned Broccoli	Carrot Dippers
Veg/Fruit	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk
Condiment		Ketchup	Ketchup		Mayo / Ranch Dressing
	31	01	02	03	04
Protein	Creamy Chicken Salad				
Grain/Bread	Whole Wheat Roll				
Veg/Fruit	Vegetable Pasta Salad				
Veg/Fruit	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk
Condiment					